

Aikido of Fremont is pleased to host an

Aikido Seminar with Jean-René Leduc

5th dan
Kootenay Aikido Kenkyukai and
Aikido Kenkyukai International

Saturday, March 24
Sunday, March 25

10:30 AM - 12:30 PM & 3:00 PM - 5:00 PM both days
\$40/day, \$65 full weekend

All affiliations and levels welcome!

"We start with the body; this is what we have as a tool. Learning just on the intellectual level is very difficult. First the body must learn the basics. Then body and mind can become one and be unified by the spirit. We use these words and they are separate words but eventually we realize that there is only one feeling."

– Jean-René Leduc



Jean-René Leduc began his studies of Aikido in 1980 at Shobu Aikido of Boston, with William Gleason Sensei (6th dan, ASU). Jean-René moved to Japan in 1986 to further his training under Yoshinobu Takeda Shihan (8th dan, Aikido Kenkyukai International). In 1992, he returned to Canada to establish Kootenay Aikido Kenkyukai.

Aikido of Fremont

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We are always willing to make special arrangements for students with financial constraints.
Please give us a call!